



QUANTUM ALLERGY CANADA INC.

Canada Pollen Allergy Calendar Chart

| | ATLANTIC | QUEBEC | ONTARIO | MANITOBA | ALBERTA | BRITISH COLUMBIA | SASKATCHEWAN |
|-----|----------|--------|---------|----------|---------|------------------|--------------|
| JAN | | | | | | | |
| FEB | | | | | | | |
| MAR | | | | | | | |
| APR | | | | | | | |
| MAY | | | | | | | |
| JUN | | | | | | | |
| JUL | | | | | | | |
| AUG | | | | | | | |
| SEP | | | | | | | |
| OCT | | | | | | | |
| NOV | | | | | | | |
| DEC | | | | | | | |



TREES

GRASSS

WEEDS

Source: Aerobiology Research Laboratories, Claritin, Allegra